

Mindscales Mental Health Services – Contract Document

Welcome to Mindscales Mental Health Services


At Mindscales, we are committed to providing professional mental health support to help you lead a healthier, happier life. Our services include individual therapy, couples therapy, family/group therapy, parent and child therapy, psychometric assessments, vocational guidance and career counselling, and supervision and observership. This agreement outlines the terms and conditions of our services. By engaging with our services, you agree to the following terms:

1. Services Provided

- **Individual Therapy:** Personalized sessions focused on emotional and psychological well-being.
- **Couples Therapy:** Sessions designed to improve communication, resolve conflicts, and enhance relationships.
- **Family/Group Therapy:** Support for families or groups to address collective mental health challenges.
- **Parent & Child Therapy:** Aimed at resolving issues between parents and children, fostering understanding and communication.
- **Psychometric Assessment:** Includes IQ and personality tests, providing insights into cognitive abilities and personality traits.
- **Vocational Guidance & Career Counselling:** Helping individuals make informed career choices based on their skills, interests, and personality.
- **Supervision & Observership:** Professional training and observation for individuals pursuing careers in mental health.

Anuradha Bhave

Clinical Psychologist &
Psychotherapist

+91 8850318695 

www.mindscales.in 

psychologist.anuradha1021@gmail.com 

2. Payment Terms

- **Fees:** All services are charged as per the rates discussed during the initial consultation or as outlined on our website.
- **Payment Methods:** Payments are accepted through bank transfer or online payment platforms.
- **Payment Schedule:** Fees are due before or at the time of service delivery unless otherwise agreed upon.

3. Confidentiality


Mindscales maintains the confidentiality of all information shared by clients. Information will not be disclosed without explicit consent, except in circumstances where disclosure is required by law or deemed necessary for the safety of the client or others.

4. Responsibilities of the Client

- **Attendance:** The client agrees to attend all scheduled sessions. If the client is unable to attend, they must notify Mindscales at least 24 hours in advance.

Anuradha Bhave

Clinical Psychologist &
Psychotherapist

+91 8850318695 

www.mindscales.in 

psychologist.anuradha1021@gmail.com 

Mindscales Mental Health Services – Cancellation Policy

We understand that sometimes circumstances change. If you need to cancel or reschedule a session, please adhere to the following terms:

- 24 hours before : No charges
- cancellation within 24 hours : 50% of session fees
- No Show : 30% of session fees
- Case of emergency cancellation will be allowed only once subject to availability
- You will get reminder call for session a day before

By signing below, you agree to the terms outlined in this contract and cancellation policy.

Client's Name: _____

Client's Signature: _____

Date: _____

Mindscales Representative: _____

Signature: _____

Date: _____